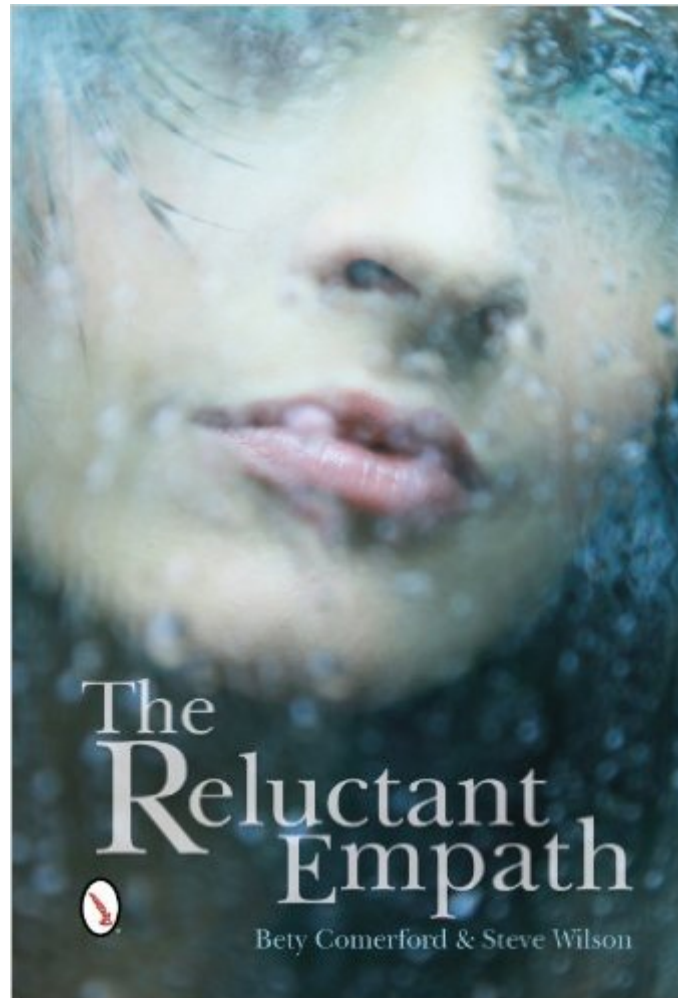


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# The Reluctant Empath



## Synopsis

Have you spent your life feeling everyone's emotions? Have you been bombarded with every thought, every feeling from those around you and from the world itself? Are you ready to scream? You are not crazy; you are an empath. There is a reason you feel all that you do. This valuable guide will help you understand what it means to be an empath, why you feel what you feel, and how to share the wonderful opportunities the gift of empathy offers you to heal yourself, those around you, and the world. With this book, readers learn to discern the truth when people's words do not match their emotions, to use fearlessness to protect yourself, and to tap into the vibrational energy of love. Also discern how energy works and can be used for healing, accessing the past, present, and future, manifesting responsibly, and much more. If you suspect you are an empath or know someone who may be struggling with that gift, this book is a must read.

## Book Information

Hardcover: 112 pages

Publisher: Schiffer Publishing, Ltd.; 1 edition (June 28, 2014)

Language: English

ISBN-10: 0764346032

ISBN-13: 978-0764346033

Product Dimensions: 6.4 x 0.6 x 9.2 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (34 customer reviews)

Best Sellers Rank: #60,879 in Books (See Top 100 in Books) #42 in [Books > Religion & Spirituality > Occult & Paranormal > Parapsychology > ESP](#) #211 in [Books > Health, Fitness & Dieting > Mental Health > Emotions](#) #1719 in [Books > Self-Help > Personal Transformation](#)

## Customer Reviews

Have you spent your life feeling everyone's emotions? Have you been bombarded with every thought, every feeling from those around you and from the world itself? Are you ready to scream? You are not crazy; you are an empath. There is a reason you feel all that you do. This valuable guide will help you understand what it means to be an empath, why you feel what you feel, and how to share the wonderful opportunities the gift of empathy offers you to heal yourself, those around you, and the world. With this book, readers learn to discern the truth when people's words do not match their emotions, to use fearlessness to protect yourself, and to tap into the vibrational energy of love. You will also learn to discern how energy works and how it can be used for healing,

accessing the past, present, and future, manifesting responsibly, and much more. If you suspect you are an empath or know someone who may be struggling with that gift, this book is one to read. I want to say right off the bat that I am a Christian and so of course I already know that there was going to be some things that I wasn't going to agree with. So why did I read this book? Because I felt like there was some truth that I COULD draw from it. Although there is some information in the Christian community, on how discernment works, there really doesn't seem to be all that much. An Empath was described as A Human Sponge. From a believers lens, I see this as discernment in action. I don't agree with the authors statement about picking up on the emotions from the dead though. I do think that you can pick up emotions from the atmosphere that "demonic spirits" can cause, or atmospheres where something bad has happened. So if I look at it from that point of view I can see what the authors meant.

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